



# December 2017 Sun Valley Charter School BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <b>WG Apple Frudel</b> Banana 100% Apple Juice
4 <b>WG Apple Cinnamon Muffin</b> Raisins 100% Orange Pineapple Juice	5 <b>WG Chocolate Mini Donuts</b> Apple 100% Apple Juice	6 <b>WG Breakfast Sandwich</b> Banana 100% Orange Juice	7 <b>WG Cinnamon Chex Cereal</b> Applesauce 100% Fruit Punch	8 <b>WG Waffles w/ Syrup</b> Banana 100% Apple Juice
11 <b>WG Bagel &amp; Cream Cheese</b> Pear 100% Orange Pineapple Juice	12 <b>WG Ubr Sunberry Round</b> Apple 100% Apple Juice	13 <b>WG Breakfast Burrito</b> Banana 100% Orange Juice	14 <b>WG Trix Cereal</b> Nectarine 100% Fruit Punch	15 <b>WG Pancakes &amp; Syrup</b> Banana 100% Apple Juice
18 <b>Raspberry -or- Peach Yogurt w/ WG Animal Crackers</b> Raisin 100% Orange Pineapple Juice	19 <b>WG Blueberry Loaf</b> Orange 100% Apple Juice	20 <b>WG Egg and Cheese Sandwich</b> Banana 100% Orange Juice	21 <b>WG Cinnamon Toast Crunch Cereal</b> Applesauce 100% Fruit Punch	22 <b>WG French Toast w/Syrup</b> Banana 100% Apple Juice  <b>*PRESCHOOL ONLY*</b>
25  <b>NO MEAL SERVICE</b>	26  <b>NO MEAL SERVICE</b>	27  <b>NO MEAL SERVICE</b>	28  <b>NO MEAL SERVICE</b>	29  <b>NO MEAL SERVICE</b>

**\* This institution is an equal opportunity provider and employer.**

\* Menus are subject to change based on product availability.

\* WG = whole grain

All meals come with choice of 8 oz. 1% milk or 8 oz. fat free chocolate milk



# December 2017 Sun Valley Charter School LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 *WG Chicken Sandwich w/ Cheese *Hero Sub *Popcorn Chicken Salad w/ Ranch Beans & Fruit
4 *Hamburger on WG Bun *Chicken Taco Salad *Grab N' Go: Yogurt  w/ Carrots & Fruit	5 *Chicken, Cheese & Bean Burrito *Ham Sub *Ranch Chicken Salad *Grab N' Go: Yogurt w/ Refried Beans & Fruit	6 *Nuestro's WG Cheese Pizza *Turkey Sub *Buffalo Chicken Salad *Grab N' Go: Yogurt  w/ Garden Salad & Fruit Punch	7 * Meatballs w/ Breadsticks *Chicken Caesar Salad *Grab N' Go: Yogurt  w/ Cucumber Coins & Fruit	8 *WG Buffalo Popcorn Chicken N' Tots *Hero Sub *Popcorn Chicken Salad *Grab N' Go: Yogurt  w/ Tater Tots & Fruit
11 *BBQ Beef Bowl w/ WG Cracker *Chicken Taco Salad *Grab N' Go: Cheese  w/ Mashed Potatoes & Fruit	12 *Chicken Sandwich *Ham Sub *Ranch Chicken Salad *Grab N' Go: Cheese  w/ BBQ Beans & Fruit	13 *Nuestro's WG Pepperoni Pizza *Turkey Sub *Buffalo Chicken Salad *Grab N' Go: Cheese  w/ Garden Salad & Fruit Punch	14 *Orange Chicken w/ WG Rice *Chicken Caesar Salad *Grab N' Go: Cheese  w/ Cucumber Coins & Fruit	15 *WG Red Chili, Bean & Cheese Burrito *Hero Sub *Popcorn Chicken Salad *Grab N' Go: Cheese  w/ Carrots & Fruit
18 *Hamburger on WG Bun *Chicken Taco Salad  w/ Tater Tots & Fruit	19 *Red Chili Chicken Enchilada w/ Spanish Rice *Ham Sub *Ranch Chicken Salad  w/ Carrots & Fruit	20 *Nuestro's WG Cheese Pizza *Turkey Sub *Buffalo Chicken Salad  w/ Garden Salad & Fruit Punch	21 *Oodles of Noodles w/ Meat Sauce *Chicken Caesar Salad  w/ Cucumber Coins & Fruit	22 *BBQ Chicken Drumstick w/ Ranch Beans & Fruit  *PRESCHOOL ONLY*
25 <b>NO MEAL SERVICE WINTER BREAK</b>	26 <b>NO MEAL SERVICE WINTER BREAK</b>	27 <b>NO MEAL SERVICE WINTER BREAK</b>	28 <b>NO MEAL SERVICE WINTER BREAK</b>	29 <b>NO MEAL SERVICE WINTER BREAK</b>

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