



January 2018 Sun Valley Charter School BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NO MEAL SERVICE	2 NO MEAL SERVICE	3 NO MEAL SERVICE	4 NO MEAL SERVICE	5 NO MEAL SERVICE
8 WG Ubr Cinnamon Round Fruit 100% Orange Pineapple Juice <u>PRE-K ONLY</u>	9 WG Strawberry PopTart Fruit 100% Apple Juice	10 WG Apple Frudel Banana 100% Orange Juice	11 WG Cocoa Puffs Cereal Fruit 100% Fruit Punch	12 WG Sausage Pancake Wrap Banana 100% Apple Juice
15 NO MEAL SERVICE	16 WG Chocolate Mini Donuts Fruit 100% Apple Juice	17 WG Waffles w/ Syrup Banana 100% Orange Juice	18 WG Cinnamon Chex Cereal Fruit 100% Fruit Punch	19 WG Breakfast Sandwich Banana 100% Apple Juice
22 WG Bagel & Cream Cheese Fruit 100% Orange Pineapple Juice	23 WG Ubr Chocolate Chip Round Fruit 100% Apple Juice	24 WG Pancakes & Syrup Banana 100% Orange Juice	25 WG Trix Cereal Fruit 100% Fruit Punch	26 WG Breakfast Burrito Banana 100% Apple Juice

*** This institution is an equal opportunity provider and employer.**

* Menus are subject to change based on product availability.

* WG = whole grain

All meals come with choice of 8 oz. 1% milk or 8 oz. fat free chocolate milk



January 2018 Sun Valley Charter School LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
NO MEAL SERVICE	NO MEAL SERVICE	NO MEAL SERVICE	NO MEAL SERVICE	NO MEAL SERVICE
8 *WG Chicken Corn Dog w/ Carrots & Fruit <u>PRE-K ONLY</u>	9 *Hot Ham & Cheese *Ham Sub *Ranch Chicken Salad *Grab N' Go: Yogurt w/ Tater Tots & Fruit	10 *WG Cheese Pizza *Turkey Sub *Buffalo Chicken Salad *Grab N' Go: Yogurt w/ Garden Salad & 100% Fruit Juice	11 *Cheeseburger on WG Bun *Chicken Caesar Salad *Grab N' Go: Yogurt w/ Dill Pickle Spears & Fruit	12 *WG Mac N' Cheese *Hero Sub *Popcorn Chicken Salad *Grab N' Go: Yogurt w/ BBQ Beans & Fruit
15	16	17	18	19
NO MEAL SERVICE	*BBQ Beef Sandwich on WG Bun *Ham Sub *Ranch Chicken Salad *Grab N' Go: Cheese w/ Dill Pickle Spears & Fruit	*WG Pepperoni Pizza *Turkey Sub *Buffalo Chicken Salad *Grab N' Go: Cheese w/ Garden Salad & 100% Fruit Juice	*Chicken Teriyaki w/ WG Rice *Chicken Caesar Salad *Grab N' Go: Cheese w/ Carrots & Fruit	*WG Chicken Sandwich w/ Cheese *Hero Sub *Popcorn Chicken Salad *Grab N' Go: Cheese w/ Ranch Beans & Fruit
22 *Hamburger on WG Bun *Chicken Taco Salad w/ Carrots & Fruit	23 *Chicken, Cheese & Bean Burrito *Ham Sub *Ranch Chicken Salad w/ Refried Beans & Fruit	24 *WG Cheese Pizza *Turkey Sub *Buffalo Chicken Salad w/ Garden Salad & 100% Fruit Juice	25 *Meatballs w/ Breadsticks *Chicken Caesar Salad w/ Cucumber Coins & Fruit	26 *WG Buffalo Popcorn Chicken N' Tots *Hero Sub *Popcorn Chicken Salad w/ Tater Tots & Fruit
29 *BBQ Beef Bowl w/ WG Cracker *Chicken Taco Salad *Grab N' Go: Yogurt w/ Mashed Potatoes & Fruit	30 *Chicken Sandwich *Ham Sub *Ranch Chicken Salad *Grab N' Go: Yogurt w/ BBQ Beans & Fruit	31 *WG Pepperoni Pizza *Turkey Sub *Buffalo Chicken Salad *Grab N' Go: Yogurt w/ Garden Salad & 100% Fruit Juice		

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